



®

Supplement to
The Art of Getting Well
Homeopathy for Arthritics: Western Medicine
or Homeopathy --
Which One is Real Science?

Sources are given in references.

Authors of contributions/quotations are alphabetically arranged;
major author, if any, is underlined.

*Dr. Jacques Benveniste, Farrington, Sir Alexander Fleming,
Samuel Hahnemann, Hubbard, Dr. Edward Jenner, Kent, John D.
Rockefeller, Pierre Schmidt/Responsible editor/writer Luc De
Schepper, M.D., Ph.D., Lic.Ac., D.I. Hom*

Copyright 1994

All rights reserved by The Roger Wyburn-Mason and Jack M. Blount Foundation
for the Eradication of Rheumatoid Disease

AKA The Arthritis Trust of America®,

7376 Walker Road, Fairview, Tn 37062



Luc De Schepper, M.D., Ph.D., Lic.Ac., D.I. Hom

As an alternative practicing physician for the last 23 years, I feel blessed that I “saw the light” at an early stage. Dissatisfied with internal medicine which I viewed as routine, mostly technical work, I embarked on the road to greater understanding after two years of family medicine. Acupuncture was my first love and first introduction to homeopathy, since it was included in the 3 year acupuncture course. In these last 23 years, numerous were my successes, and yet, I feel myself thinking back on the failures that I encountered. If anything, these unresolved cases were the major stimulant for further studying and exploring alternative routes to health.

I remember one case vividly. I was still in the beginning of my career. This sweet lady of 53 years old walked into my office with her husband. It turned out that she was mute since experiencing a sudden fright two months prior. One morning she was looking out of the window, when she saw a funeral passing, with the husband of her best friend walking behind the casket. This unexpected news, the sudden internal storm aroused in this patient, provoked a sudden muteness. She had not spoken since. The best professors and healers gave up on her. I failed too. Fear and fright, related in acupuncture to the Kidney and Adrenal organ can cause extensive drainage of Vital Energy from this essential organ. In spite of my

regulating treatments in acupuncture, there was no response. How much I wish she was walking through my door again! Aconite, Opium or Gelsemium would certainly be considered, and I feel, would have a reasonable chance of success. How much I regret not knowing more about homeopathy at that time.

The road to these alternative healing arts was not an easy one. Even at that time, colleagues scoffed at the “unscientific” approach of acupuncture and homeopathy. Numerous were the laughs, cures were dismissed as coincidences or doctors claimed that the patient’s diagnosis was not correct in the first place (note that it was *their* pathological diagnosis). In the United States, it seems that the situation is even worse. I don’t know about you, but I am tired of hearing uninformed doctors speaking on TV and radio about the totally unproved, unscientific healing method, homeopathy, or the “big H” as they call it among them laughingly. This way of thinking has affected enough lay people to stop them looking for help, once allopathic medicine has given up on them. I invite all these people, professionals and lay people alike, to read carefully the following article and judge for themselves!

Allopathy Has No Law or Principles

It might come as a shock to most, but one needs only to study the history of Allopathic medicine closely to discover that most findings in modern medicine are really accidental, and not the result of pure scientific thinking. Even when fortune dealt medicine such a good hand, somehow scientists did not follow up with common sense deductions that could have been built into laws and principles useful for newer, scientific discoveries. Two examples will clarify this. The first one was the dramatic discovery of Penicillin. One morning, a bacteriologist comes to his laboratory and finds that “something,” which he later identifies as a mold, has settled in his culture and has stopped the growth of his microorganisms. He carefully records the result and immediately forgets about it. Only after many more years, after similar experiences, Sir Alexander Fleming did something about it and these accidents resulted in the new, much heralded field of antibiotics. The second example was the introduction of the small-pox vaccination by Dr. Edward Jenner in 1796, a country doctor with a sound mind. Cow-pox, so much resembling small-pox, proved to be effective against the dreaded disease and the world of vaccination was born. Alas! No further deductions were made from this accidental success. Yet Hahnemann expresses in the 6th Edition of the *Organon*¹ so well the laws of similars and dissimilars:

Two similar diseases cannot, like two dissimilar diseases, repel each other, suspend each other or complicate each other. On the contrary, of two diseases similar in symptoms, when appearing in the same individual, the stronger will permanently overcome the weaker.”

What an opportunity missed for allopathic medicine! It would have been the opening step to the acceptance of the law of similars, our homeopathic gem. This is as close as modern medicine comes to homeopathy, although later numerous homeopathic remedies, such as Sulphur, China, Mercury, Colchicine, Argentum Nitricum, Digitalis, Selenium, Fluoric Acid, . . . were taken from our *Materia Medica*² and in the common allopathic fashion, given in large doses with often negative results. Fear of thinking, or inability to think, possibly both, prevent the medical profession from proceeding from the purely fact-finding stage of empiricism to the stage where useful generalizations lead to the improvements in the field of science.

Science must be defined as the faculty to predict, inasmuch as scientific predictions are made possible through the knowledge and application of natural laws. In the year 1831, a great cholera epidemic swept Europe, and later America. The physicians dealt with the problem as usual and the sick died in droves. Hahnemann, not

Medical data is for informational purposes only. You should always consult your family physician, or one of our referral physicians prior to treatment.

having yet seen the disease, predicted on the basis of the law of similars, the remedies which would prove curative. His prediction came true and incidentally, the superiority of homeopathy was the main reason for the blossoming of homeopathy in many States. The discovery of the efficiency of certain remedies in cholera, before having seen the disease, through thinking, the application of a law - that is science.

Contraria Contrariis Curantur Exposed

We do have a law; most physicians are practicing according to this "principle" without knowing it. Indeed purgatives are given for constipation, antipyretics for fevers, pain killers for pain, etc. This could be an excellent medical way of practicing were it not going directly against nature's law that "*To every action there is an equal and opposite reaction.*" The reaction to a purgative will be more constipation, to a pain killer more pain and so on. The results is that these drugs are given in increasing doses and instead of curing a disease, a drug-induced disease is added to the misery of the patient. The much heralded principle, *Contraria Contrariis Curantur* is applicable only to physiological conditions, not pathological ones. Hunger and thirst are physiological states, and appeased by eating and drinking. But a stroke, a boil, a rash, a cramp, an inflammation, are all pathological conditions with no contraries. Their cure can be accelerated only by helping nature in the same direction nature combats them and not in the opposite!

Why is it that sometimes allopathic prescribing has helped? Only because it sometimes happens that the symptoms of the patient are similar to those of an allopathic drug; that is, similar to the symptoms that the drug would produce if it were proved³. It is a lucky coincidence and involuntary homeopathy. We know that "a fool can be right now and then by chance."

The worst folly of medicine is to think that removal of changes from the circumference (skin, mucosae) leads to cure. Where is the common sense? Nature tries to dispel diseases to the exterior (known by the Chinese 5,000 years ago) and discharges and skin rashes are just an expression of the Vital Energy trying to push the disease away from the precious internal organs to the safer exterior. Applying ointments, creams, and cauterizing tumors and warts should be abolished since one cannot by doing these, superficial, dangerous practices, remove the actual disease that actually led to these manifestations. In our modern times, dermatologists and gynecologists are the biggest culprits and one can only shudder at what damage this has brought to patients.

Since allopathic medicine has no law, it is empirical. Have you wondered why nothing in allopathic medicine that is 10 years old is used anymore? Physicians call it progress, yet what was heralded as a triumph one day often disappears into obscurity after a few years because it was based only on observation of haphazard prescribing and wishful thinking. Examples are numerous, AZT was first the miracle drug (in spite of toxic side effects), recommended even to people with no symptoms of AIDS (only HIV+), then half of the dosage was recommended, and lately, a study has found no difference in the outcome of HIV patients when it was administered preventively. Antipyretic drugs have been and are now used and misused in an array of diseases. Yet a study showed that children's diseases are prolonged when anti-fever drugs are given.

This sheer empiricism leads to the death of thousands of people and tortures and kills rats, dogs, cats and other animals as well "in the name of science." A medicine that has its origin in sheer chance, that has not discovered a law of cure, is the worst form of quackery and by "sowing mistakes, it has reaped failures." Do you realize that if an allopathic physician died today and could come back 50 years later, he would have to graduate again! A homeopathic physician can come back two hundred years from now and be effective in his

treatments without further studying. (We would only hope that by then more remedies would be proved so that we could expand our *Materia Medica*). Medical progress is the history of man groping in the darkness, sometimes finding gems of truth, only to discard them minutes later, missing one opportunity after another to establish rules and laws. The truth never changes with the passage of time as acupuncture and homeopathy prove over and over again.

The Single Remedy

Our wise forefathers, Hahnemann, Kent, Pierre Schmidt, Farrington and Hubbard all stressed the importance of the single remedy. Otherwise how are we to know the therapeutic effects of the agent on the human organism. Hahnemann wrote, "In no case under treatment is it necessary and therefore not permissible to administer more than one single remedy at one time." The wise physician never uses a therapeutic agent whose effects on a healthy human organism is unknown to him. All this seems to be lost on modern medicine. Who has not see the frail, old patients succumbing under the cumulative toxic effects of numerous medications. Drugs, themselves productive of disease (a "side-effect" is the euphemism for this), are given in such manner that the original symptoms are lost in a crowd of artificial maladies, making the task of the homeopath much more difficult. Allopathy, by its blind routine, by its large doses of active drugs and complex prescriptions, is not only ineffectual as a curative system but becomes the fruitful parent of a host of diseases. Often, the drug-induced or iatrogenic disease (33% of all diseases according to the WHO) suppresses the Vital Energy of the patient. Therefore, his reactivity to the appropriate homeopathic remedy (secondary reaction) can be terminated and a homeopathic "failure" is the result.

The Infinitesimal Dose

One of the aspects allopaths so vehemently oppose and ridicule is the small dose. In 1885, when there were two medical schools in Ann Arbor, one homeopathic, the other allopathic, the "modern" students mocked the homeopathic students by calling out: "Please pass the sugar" referring to the homeopathic sugar coated remedies. Some of our homeopathic ancestors with a keen mind did just that and gave them (with a smile) "Glonoin" concentrated globules, instantly causing the violent headaches we know to be associated with nitroglycerine. In more modern times, we have tried to convince our brothers and sisters in modern medicine of the power of infinitesimal doses by conducting tests according to their principles. In June 1988, an article written by the French researcher Dr. Jacques Benveniste appeared in the respectable science magazine *Nature*⁴, and unleashed a storm of controversy. The bottom line of Benveniste's finding was that "it is possible to dilute a watery solution of an antibody indefinitely *without the solution losing its biological activity.*" These experiments were repeated in four different University centers with exactly the same results. But did science hail this as a breakthrough? No. Benveniste's findings were rejected, believe it or not, by a team consisting of a magician, a journalist and a statistician. Unfortunately for science, and homeopathy in particular, a result that challenged fundamental science was thrown out and with it, a chance of discovering exciting new laws in medicine. Why do allopaths so violently oppose homeopathy? It is not based on facts to prove us wrong after all these years. If they want to disprove a doctrine, it will not be by assailing it as ridiculous and absurd.

The idea of small dose is not completely strange to allopathic medicine. We have the vaccinations, the allergy treatments, reactions of patients to breathing air in which a cat had breathed, or where a perfume was released. But often, allopathic medicine has nothing but contempt for the victims of sensitive reactions. I remember such a case in Santa Monica where 1,500 students came together in an auditorium and a great number of them became instantly ill. It was

Medical data is for informational purposes only. You should always consult your family physician, or one of our referral physicians prior to treatment.

called "mass hysteria" in the media, but further exploration found that the auditorium was painted the evening before the gathering. While Hahnemann had to deal with hypersensitives (about 10-20%), undoubtedly the figure has increased dramatically in our times. To call these victims malingerers and freaks is a grave insult that will come to haunt modern medicine. It is evident from experiences in the lab and in nature that weak stimuli bring forth vital action and influence the amount of our Vital Energy.

Symptomatic Treatment

One of our cardinal doctrines is that a remedy is chosen after carefully matching it with the symptoms that our patients present. The better the drug proving picture corresponds to the symptoms in the patient, the better our match and consequently, the success. With their usual contempt prior to investigation, our allopathic brothers think that homeopaths treat only symptoms and leave the disease as it is. The real truth is that allopaths are much more concerned with gathering a group of symptoms and giving it an intellectual-sounding Greek or Latin name. They are not concerned with the patient as much as they are with the name of the disease or as they call it, the diagnosis. This name-giving has high priority and leaves the patient out in the cold. For instance, we have the thousands of victims of CFIDS[Chronic Fatigue Syndrome]² that have been randomly grouped under this name. When I attended a CFIDS conference, presented by the allopathic "specialists," the first three hours were spent trying to find a new name for the condition. That and the serving of doughnuts and coffee put everyone to sleep while exasperated patients were waiting in vain to detect even a small ray of hope, a little therapeutic gem (they could have started by reviewing a better diet) to change their lives. The latest diseases are the Gulf War Disease or MCS (Multiple Chemical Sensitivity Syndrome) and The Four Corners Disease. Faithfully, some symptoms are recorded and the case is put into a drawer that carries this new name, leaving the patient in the cold, treatment-wise. I say *some* symptoms are recorded. A homeopathic physician would have a whole array of symptoms that undoubtedly would lead him to the required remedy with immediate relief.

We ask for mental symptoms since they are peculiar and characteristic for the patient. We want to know the likes, dislikes, sensitivity to cold, fears, aversions, sex drive, confidence, tidiness, fear of death, the dark, being alone, symptoms which allopathic doctors neglect to ask since they find them completely useless. A human is not a mere machine. We have cognition and affections: we can think, memorize, feel and to degrade us to a machine is annihilating this masterpiece of nature. This is why modern medicine fails so miserably in 'preventive' medicine. Allopaths count on mammograms, pap smears and lab tests to practice "preventive" medicine. Preventive means early detection or better, early treatment of disease before it got too far. No matter what disease we discuss, it is centrifugal, from within to the exterior. First affected is the inner person, the mind, emotion and intellect as noted by a change in mental disposition. They are the first disease symptoms of the individual. The inner person is always sick before symptoms filter into the physical body. For instance, a child becomes first moody, weepy, upset, etc. The next group of symptoms to emerge are disturbances in the physical body (altered physiology). For instance, the child complains about fatigue. Altered physiology is chiefly felt subjectively by the patient. Only then follow organic and structural changes in tissues and organs, in other words pathological changes (altered anatomy). The last to be affected are the organs: hearts, lungs, liver, uterus, breast, etc. What is Western medicine uncovering with their tests? The last stage -- and they call this preventive! The homeopathic physician, on the other hand, will already have prescribed on the change in mental disposition and alter the course of the disease by

preventing the disease from going deeper. A good homeopath will certainly avoid altered anatomy or pathology in a great many cases. Modern medicine has no preventive medicine. Their vaccination program (which by the way is based on our law, "Like cures Like") came after most epidemics were already greatly reduced -- mainly through hygienic measures. And we all know and have seen in our practices, the ravages that vaccinations can do.

Homeopathy Is A Humane Science

Homeopathy is far more humane than modern medicine. Its low cost suits the means of every cross-section of the population. In a time when politicians struggle with the health budget, homeopathy is more appropriate than ever. Teach the population some self-help for emergencies and incorporate homeopathy in the medical curriculum, and there is no health crisis by tomorrow. But we all know that there is no interest from powerful pharmaceutical companies in providing remedies at a cost of one cent a day: greediness overpowers humanitarian causes. Homeopathy makes its provings on healthy human beings and not on helpless sick, nor on dogs, rats and rabbits. And invariably, the provers' health improves, without any lasting side-effects.

What is more, since it is based on laws, homeopathy does not change with time. Because it helps stimulate the Vital Force, and helps Nature to restore our health by accentuating, not opposing the direction of cure. Send a patient to ten good homeopaths and each of them will make the same miasmatic diagnosis and provide the same remedy. Send a chronically ill patient to ten different allopathic doctors and be not surprised when they come out with ten different diagnoses and prescriptions, because Western medicine is not an exact science. The same for treatment of an arthritic patient who will consult a homeopathic practitioner. A thorough inquiry will be done, looking for etiological and hereditary factors which might have been triggering factors. In other words, if there are ten arthritic patients, it is well possible that they receive ten different remedies which will bring their case to a good end. Once the "simillimum" has been selected, results can be achieved over night, even in the patient who has been suffering for years. But again, individuality is the key to the solution as it should be in any disease with a given "name."

This rational method of treatment has convinced everyone who has taken its study seriously. Most homeopathic pioneers were among the most intelligent of their peers. Homeopathy has been the accepted mode of treatment with the English royalty and Rockefeller's physician was also a homeopath. Unfortunately, Rockefeller was more interested in making more money from worldwide sales of homeopathic remedies than supporting homeopathic research. His closest advisers convinced him that there was not much money to be made in this venture and a great opportunity of homeopathy was lost again.

Our Goal

Homeopathy has proven its merits for nearly two hundred years in all parts of the world and in all classes of people, rich and poor, literate and illiterate. It has stayed in spite of ungrounded, vicious attacks from the 'modern' school of medicine. Countries like England and India have put homeopaths on an equal footing with the allopaths of their country. It is up to us practitioners to help spread the world of homeopathy through lectures, books and above all, our results in the daily practice. As new diseases crop up, patients discover that expensive, modern treatments do not cure. Cancer and auto-immune disorders have increased dramatically over the past 20 years; most of it can be attributed to changes in lifestyles and new powerful drugs that are suppressive in nature. Homeopathy, regardless of all the new medical discoveries of recent years, still remains the most scientific method of cure known to suffering humanity. It is safe, gentle, sure, inexpensive and fairly rapid without producing

Medical data is for informational purposes only. You should always consult your family physician, or one of our referral physicians prior to treatment.

additional drug pictures. Homeopathy is needed more than ever and one hopes it will be taught in medical schools, free from outside pressures and influences.

Footnotes and References

1. "*Organon of Medicine*": masterwork and bible of Homeopathy from the hand of Dr. Samuel Hahnemann (1755--1843). The first edition of the *Organon* appeared in 1810. Altogether six editions were published.

2. "*Materia Medica*" of homeopathy, contains all the remedies tested (proved) by Hahnemann and his disciples. They describe the physical, mental and emotional symptoms attributed to each remedy with their modalities and indications. Remedies are derived from plants, flowers, minerals, animal products and secretions. The first *Materia Medica* was the *Materia Medica Pura* by Hahnemann.

3. *Proving* a remedy or medicine: is the experimentation of the remedy on healthy individuals. All the remedies in homeopathy have been tested (or proved) on physicians and their family members who are in excellent health on the moment of proving. This is in sharp contrast with Western medicine [allopathic] which uses sick people and animals.

4. "*Human basophil degranulation triggered by very dilute antiserum against IgE*", Davenas, Benveniste; INSERM U200, Universite' de Paris; *Nature* Vol. 333; 30 June, 1988.

5. CFIDS stands for Chronic Fatigue and Dysfunction Syndrome, a widespread illness since 1983 and affecting more and more people everyday. In the usual fashion, Western [medicine] tries to explain this disease by looking for a yet unknown virus (as they always do for every "mysterious" disease). The syndrome is characterized by a myriad of symptoms, such as fatigue, neurological symptoms, gastrointestinal symptoms, menstrual disturbances and muscle involvement such as fibromyositis. For more on the subject, Dr. Luc de Schepper's book, *Full of Life*, Full of Life Publishing, 500 N. Guadalupe St G441, Santa Fe, NM 87501. New Mexico, 1989.

Dr. Luc De Schepper is the author of nine books. He has a medical license in Belgium (1971), the States of California (1984) and Colorado (1985). He obtained an acupuncture license in Holland in 1978 as well as a Ph.D. in acupuncture in Paris, France (1981). He passed also the State examination in California in 1982. He was awarded the Diploma of the British Institute of Homeopathy in 1992 as well as the two years' certificate in homeopathy from the Hahnemann Academy of North America. (1992).