

I've heard and read a lot about Cetyl Myristoleate (CMO) and its ability to cure arthritis. Can you tell us more?

K.L.

*We can only speak from our experience and obviously not for others. Here's some correspondence that is the best answer we can make at this time.*

May 8, 2000

I want to introduce a new doctor to you, Dr. P.L., who worked with a Dr. Diehl and his accidental discovery of CMO, Cetyl Myristoleate, a medium chain fatty acid that seems to perform miraculous things for just about every form of arthritis, better if detox, allergies, and diet are taken care of too. Dr. P.L. has done clinical studies on CMO, and has achieved very high success rates.

It seems that CMO was first discovered by attempting to induce arthritis in a strain of special rats. The rats could not be induced to get arthritis. After looking for the cause, CMO was determined to be a special fatty acid that protected the rats from getting arthritis. Subsequent experiments have shown that it works to stop arthritis and reverse many things. You'll see it all in the [E-mail] file attachment.

He has one good mind, and I thought you would like to meet him. I believe he would be a good ally, as you would be a good ally for him. I told him about you and the Arthritis Trust and he wanted to get in touch, meet you, and talk.

So with his permission, I'm forwarding his manuscript for you to read. It's exciting stuff, but he urges it is not for copying or distribution. Although you might make some arrangement for the future for distribution. I know he wants to get the word out on what he believes to be a major breakthrough and share what he has found.

Hope this works out for both of you. I know about it, since he asked me to edit his manuscript.

S.C.

*I've now read the book "CMO" and have some very positive things to say about it, and one big clunker: The book is very well written, well organized and quite informative. I'm sure that Dr. P.L. has worked hard digging into this subject.*

*I've just come off another batch of CMO, and my eldest son, a medical doctor with a serious hip problem, is still on it.*

*My problem is this: This foundation got into CMO many years ago. We received repeated calls from various people who knew about and had tried this "miracle" substance. At first we obtained large quantities of the substance without charge, as did Dr. Prosch of Birmingham, Alabama. Prosch, you know, is one of our founders who has consistently obtained an 80% cure rate with aging rheumatoid disease victims since 1982. We consider ourselves quite open-minded and willing to try most anything that will benefit arthritics as our goal is to abolish the disease, not to sell a particular treatment. (I note that many of Dr. P.L.'s recommendations align with ours, regarding nutrition, etc.)*

*Anyway, all the free stuff flopped miserably.*

*Next, we heard from salespeople who explained that the substances we'd obtained were not the right ingredients, and so, again, we received more free substances, which flopped miserably.*

*Next time, a more convincing sales person talked this foundation into large sums of money for the "right" materials. Again they flopped miserably.*

*This has gone on now for quite a lot of years.*

*This foundation received several free bottles of the latest stuff*

*(R-CMO) several months ago with the same nutritional advice found in your book. As it seemed for the first bottle and a half there was some slight improvement in two people, this foundation invested in 9 more bottles. So far, with the same two people, no positive results.*

*I'd long ago concluded that CMO was an exaggerated wish. Prosch had concluded the same from his experiences with patients — and he's not about to put out more money for trials on patients for a substance that he's not found effective — but he may be willing to try it if it were free. I haven't talked to him about the matter, so can't speak for him.*

*I noted, too, that Dr. P.L.'s CMO book quotes glowing, positive statements from William Campbell Douglass, M.D. prior to Douglass' later comments on CMO. Now Dr. Douglass has a follow-up article calling CMO a hoax.*

*So, you can understand my dilemma at this point. Dr. P.L. is obviously knowledgeable, has done much homework, is interested in helping patients, and may be totally correct on all he's written — but without personal experience and/or some additional solid evidence, we remain ready to be convinced further.*

*I'm also am equally sure that Dr. P.L. would be a very fine person to know, and I'd like very much to become better acquainted.*

*Since writing the above, the price has decreased considerably as of December 12, 2004. In a newsletter article, "One-time Treatment Can Cure Arthritis for Good," by Jonathan V. Wright, M.D. published in Nutrition & Healing (Vol. 11, Issue 11, December 2004), Dr. Wright seems to restrict use of CMO to Osteoarthritis. A new product from Harry Diehl's daughter and son-in-law, Myristin®*

*is provided in capsule form. Dr. Wright says, "I usually recommend taking six capsules . . . daily for 80 days. If it hasn't worked by then, [it] probably isn't going to, but it works much more often than not, providing total or significant relief for arthritis [Osteo?] symptoms." One uses it until symptoms disappear then one doesn't need it further. Myristin is available through natural food stores, compounding pharmacists and the Jonathan Wright Tahoma Clinic Dispensary.*