



# The Arthritis Trust

*Dedicated To Eradicating Rheumatoid Disease From The Earth*

Published by The Arthritis Trust

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Spring 2000

## UNIVERSAL ORAL VACCINE: THE IMMUNE MILK SAGA

By Anthony di Fabio  
Continued from Winter 1999-2000 Issue  
*Scope of Protection*  
*Immune Milk*

As already stated, appropriate scientific studies carried out in the early 1960's found promising success. They included rheumatoid arthritis, multiple sclerosis, rheumatic fever, and pollen allergies. Subsequent research has expanded this list considerably, including drying up some cancerous tumors.

According to Herbert Edwin Struss, Ph.D., one unpublished report showed "spectacular" survival rates for small children from a poverty area in Mexico who were treated against colon bacteria with this method by cooperating Mexican physicians.



*Immune milk pioneer, contemporary and co-worker with original innovators Drs. Berry Campbell and W.E. Peterson, Herbert Edwin Struss, Ph.D., (former Senior Chemist, Food Chemistry Laboratory, Minnesota Department of Agriculture, Laboratory Services Division, St. Paul, Minnesota), was one of the key men to initiate FDA approved human clinical studies with specially prepared colostrum. Dr. Struss was also Director of Research for the W.E. Petersen Research Institute and editor of the Journal of Immune Milk published in the early '60s by the International Association on Immunity. Dr. Struss is shown here on his Wisconsin farm, still hale and hearty in this 1998 photo.*

As a general principle, this method of preparing disease-specific colostrum will transfer adaptive immunity safely against any allergen or antigen -- any substance which, when introduced into the body, creates antibodies (such as allergenic pollens, house dust, animal hairs, or microorganism proteins). For allergy prevention, one can use a mixture of hair (cats, dogs, cattle), making a bovine

cistern-injectable vaccine. Other allergens, like pollens, can also be introduced into the cow's cistern resulting in colostrum that has the beneficial effects of developing resistance to the antigens that produce the allergies.

Experimental studies in the patents listed in the references attached include: "bacteria, viruses, proteins, animal tissue, plant

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## MYCOPLASMAS IN THE NEXT MILLENNIUM

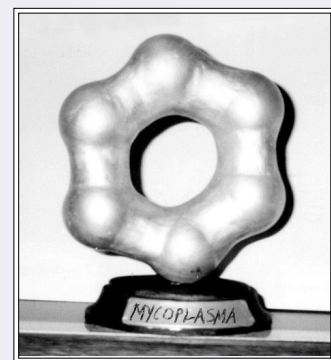
Have you ever wondered what a mycoplasma looks like?

Over the years Mycoplasma's morphology has remained highly variable in the many electron microscope photos. Using an Osmium tetroxide fixation technique Clark reported in the *J. Bacteriol.* 1965 finding a hexadic budding growth cycle of *M. gallisepticum*, an avian strain in a broth culture. The natural growth cycle morphology of other mycoplasma strains under various conditions remains unknown. A recent report on mycoplasma's genomes indicates the basis for six replicating units.

Because of mycoplasma's variable morphology a 10 cm. ceramic model was made of a growth stage in this most unusual microorganism, representing approximately 3,000,000 x magnification. A limited number of the models are being made available by Dr. Harold Clark for \$20 plus \$4 shipping USA, or write ([hwcMRI@hitter.net](mailto:hwcMRI@hitter.net)). Mycoplasma's unique properties are reviewed in Dr. Clark's book *Why Arthritis? Searching for the Cause and the Cure of Rheumatoid Disease* and his web site <http://www.hitter.net/users/hwcMRI>.

### References:

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2. Clark, H.W., Bailey, J.S., Brown, T.McP., 1985, *Media-dependent properties of mycoplasmas, Diagnostic Microbiology and Infectious Diseases*, 3:283-294.
3. Borrel, A., et al., 1910, "Le microbe de la peripneumonia." *Ann. Inst. Pasteur*, 24:168179.
4. Turner, A.W., 1935. "A study on the morphology and life cycle of the organism of pleuropneumonia," *J. Pathol. Bacteriol.* 41: 1-32.



*Trophy rendition of M. gallisepticum, one of the known causes of more than 80 forms of rheumatoid disease including rheumatoid arthritis.*

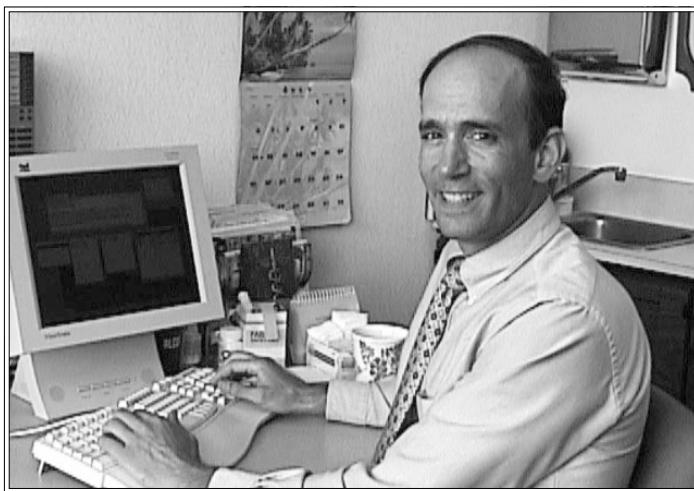
## Celebrex™ Moves To No. 1

### Celebrex™ Moves To No. 1; Arthritis Drug Tops Viagra As Fastest Selling New Drug

From *Healthy News You Can Use*, Issue #113,  
[www.mercola.com](http://www.mercola.com), August 8, 1999,  
by Joseph Mercola, D.O.

It's not as sexy as Viagra, but the new arthritis pill Celebrex™ has surpassed the impotence medicine as the nation's fastest-selling new drug ever.

Celebrex promises pain relief with fewer stomach problems than other arthritis drugs. Unlike Viagra, patients take it every day and it's usually covered by insurance.



*Dr. Mercola, one of our referral physicians, has an excellent free internet newsletter free for any subscriber, covering many health subjects, by addressing [www.mercola.com](http://www.mercola.com), and following directions for subscribing.*

Celebrex, which was introduced in January [1999] sold 6.86 million prescriptions during its first six months on the market, compared with about 5.30 million for Viagra during its first six months. Celebrex began to outpace Viagra in weekly prescriptions after just nine weeks. Sales of Celebrex in that time were about \$600 million, said Monsanto, which co-markets the drug with Viagra's maker, Pfizer. In comparison, Viagra had \$552 million in sales in its first six months, beginning in April 1998. Both Celebrex and Viagra serve huge markets. Arthritis affects about 37 million Americans; impotence affects 30 million men.

COMMENT [by Joseph Mercola, D.O.]: *Did anyone purchase any Pfizer stocks last year? I do not invest in the markets at all, but it appears that if Viagra and Celebrex are generating ONE BILLION dollars of revenue it could only help generate tons of revenue for Pfizer. Now, I have nothing against profit. I am a firm believer in the free market economy format. However, one must understand the consequences of this type of revenue. It is an incredibly potent force in medicine. Those types of funds can generate incredible influence on physicians' education and information*

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## Universal Oral Vaccine

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tissue, spermatozoa, rickettsia, metazoan parasites, mycotic molds, fungi, pollens, dust and similar substances... exemplary antigens include: bacterial -- *Salmonella pullorum*, *Salmonella typhi*, *Salmonella paratyphi*, *Staphylococcus aureus*, a *Streptococcus agalactiae*, g *Streptococcus agalactiae*, *Staphylococcus albus*, *Staphylococcus pyogenes*, *E. Coli*, pneumococci, streptococci, and the like; viral -- influenza type A, fowl pox, turkey pox, herpes simplex and the like; protein -- egg albumin and the like; tissue -- blood and sperm."

In an experiment using immune milk conducted at Notre Dame University's Lobund Institute, Impro Products, Inc. substances reduced tooth decay in laboratory animals as much as 87 percent. (Although bacteria are usually blamed, the work of dentist Dr. Trevor Lyons clearly demonstrates a synergism between protozoans and bacteria, and the devastating effects of certain protozoans.<sup>5</sup>)

Trial mammals protected according to various immune milk patents were mice, cows, goats, chickens and pigs.

The immune milk method is also good for chickenpox, cold sores, genital herpes, *Cryptocides sporidium*, and for anti-inflammatory conditions, as it is heavy with complement (C3B) and anti-complement, substances that assist in the destruction of invasive organisms.

### SOURCES OTHER THAN IMMUNE MILK

Although not as economical or as easy to obtain as bovine or goat colostrum, the same disease-specific antibody and complement can also be obtained from other sources than colostrum. For example: (1) donors with high (cell-mediated) immunity to known antigens (cloning); (2) from human placentas, and (3) the spleen from immunized pigs or ducks, or even from humans who have good (cell-mediated) immunity to the relevant antigens.

Because these substances -- called "transfer factors" -- are so cheap, widespread, and easy to use, various countries outside of the United States use it, including China, Czechoslovakia, Germany, Poland, and Hungary. In Japan, the only high-wage country where it is used, forty Red Cross Centers provide transfer factor produced from pooled leukocytes (white blood cells) of normal healthy donors to 400 hospitals for use in a wide variety of conditions.

(Use of transfer factor does not cause hepatitis, but is effective against hepatitis, does not cause AIDS, and may be helpful in some of the diseases associated with AIDS.)

There are many particles that can transfer immunity. Subsequently confirmed by other scientists -- in reporting on membrane filtered (dialyzable) white blood cells (leukocytes) to obtain "transfer-factors" -- they found that transfer of immunity had taken place in the following conditions:<sup>25,26,27</sup>

1. Familial T-lymphocyte dysfunction with severe recurrent infection (white cell dysfunction)
2. Herpes infection (viral)

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## Curing Arthritis Naturally

By Douglas Frank and Bob Flaws  
Blue Poppy Press, 1997, 160 pages  
\$15.00 U.S.; \$23.00 Canada

**C**uring Arthritis Naturally with Chinese Medicine by Doug Frank & Bob Flaws packs a great deal of useful information into 160 short pages. The single most important point of the book is that acupuncture and Chinese herbal medicine have been successfully treating arthritis and related joint pain effectively for over a millennium and that, in some cases, these treatments can be more effective than standard drug therapies used in the West without the potential side effects and often at a more reasonable cost to the patient.

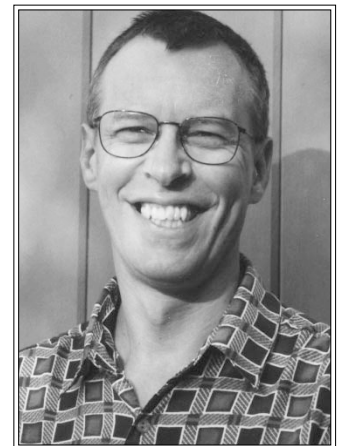
If this idea interests you, the rest of the book is an elaboration of how to seek help from a qualified practitioner, what treatments might be like, and why the treatment is effective.

The viewpoint of the entire book is that of Chinese medicine and the authors offer a succinct and user-friendly discussion of the applicable Chinese medical theories that relate to arthritis and joint pain. A chapter containing research from Chinese medical journals on arthritis treatments is authoritative but not cumbersome. A wide variety of self-help techniques round out the book and there is a useful bibliography and a glossary of terms for the readers convenience.

While not likely to put a dent in the sales of over-the-counter pain medications and not offering unrealistic panaceas, this little book could be a revelation for arthritis sufferers looking for long-term solutions without drugs or side effects.

### AUTHOR BIOGRAPHY

**DOUG FRANK**, Dipl. Ac., practiced acupuncture and taught *qi gong* and *taiji quan* at the Colorado Back School and the Center for Rehabilitation of the Spine for seven years. During that time, he became an expert in the acupuncture and Chinese medical treatment of low back, spinal injuries, and other types of chronic pain conditions. Doug is the author of *Low Back Pain: Care & Prevention with Traditional Chinese Medicine*. He is currently in private practice with office in Boulder and Westminster, Colorado.



Doug Frank, Dipl. Ac.

**BOB FLAWS** is the single most prolific writer on Chinese medicine in English. Author, translator, and editor of over 70 books and scores of articles in both professional journals and general magazines, Bob regularly teaches around the country and around the world. Some of his other credits include being a founder, past

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3. Cytomegalovirus infection (viral)
4. Candidiasis (yeast/fungus)
5. Parasitic infection (e.g., pneumocystis carinae, cryptosporidiosis, etc.)
6. Mycobacterium tuberculosis infection refractory to antibiotics
7. Behcet's syndrome (skin condition/arthritis)
8. Lupus erythematosus
9. Pemphigus vegetans (skin disease)
10. Wiskott-Aldrich Syndrome (immune deficiency disease with decreased blood platelets and skin rash)
11. Florence Nightingale Disease (aka Chronic Fatigue Immune Dysfunction Syndrome)
12. Bone metastases after surgical removal of breast cancer
13. Bone metastases after surgical removal of kidney cancer
14. Guillian Barre' (disturbance of two or more nerves, after viral or mycoplasma infection)
15. Amyotrophic lateral sclerosis (Lou Gehrig's disease; one subset)
16. Retinitis Pigmentosa (inflamed retina: one subset, 50%; Dialyzable Leucocyte Extract-Transfer Factor -- filtered through a membrane -- does not reverse the disease but prevents additional visual loss)

Also reported by Fudenberg and Pizza,<sup>25,26,27</sup> but not yet confirmed by others were:

1. *Mycobacterium fortuitum* infection (mycoplasma)
2. *Mycobacterium avian* infection (mycoplasma)
3. Alopecia totalis (hair loss over entire body)
4. Alzheimer's disease (one subset)
5. Autism (one subset, 70%)
6. Osteosarcoma (prevented metastases to lungs)
7. Epidermal dysplasia (multiple skin malignancies)
8. Certain food and chemical hypersensitivities
9. Burkitt's lymphoma, etc. (B-cell malignancy)

Reported by other than Fudenberg and Pizza<sup>25,26,27</sup> were:

1. Lepromatous leprosy
2. Leishmaniasis (parasite affecting skin, nasal cavity and pharynx)
3. Rat diabetes (Type I-immunologic) (trials in humans not yet reported, 1993)
4. Myasthenia gravis (great muscular weakness)
5. Subacute sclerosing panencephalitis (slow virus disease, affecting thinking and movement)
6. Atopic dermatitis (skin)
7. Bronchial asthma (lungs)
8. Recurrent otitis media (ears)
9. Varicella (virus)
10. Hepatitis B -- acute and chronic (virus)

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By Harold C. Clark, Ph.D.

As the second Millennium and a new Century approaches we should reflect on what has been achieved and where do we go from here. Many of us are still searching for the Causes and Cures of Arthritis and other autoimmune disorders as the waves of success come in and go out.

That is why we must build our houses and good health on a solid foundation that can withstand the next millennium. Health Care like our tallest buildings should withstand the ravishes of hurricanes, floods and famines with therapeutic guidelines targeted towards the medical eclipse of all chronic diseases.

The blue-print for a healthy body takes more than bricks & mortar or nuts & bolts. The most effective medicine available does not come in a recipe or prescription but in the power of prayer and positive thinking.\* The will to win, the will to live, has a major impact on the disease outcome. Some of our strongest emotions, love, hate, and fear evoke hormonal and other biological responses that could improve or worsen disease mechanisms. How strongly you hope and pray that the medicine will make you better (placebo effect) apparently becomes an unmeasurable aspect of therapeutic effectiveness. Even though today's medicine is by trial & error, if a physician does not have faith in their medicine it is difficult to provide the patients with hope and inspiration.



Harold W. Clark, Ph.D.,  
spent 45 years investigating  
causes and cures for arthritis.

Sincerely,  
Harold W. Clark, Ph.D.

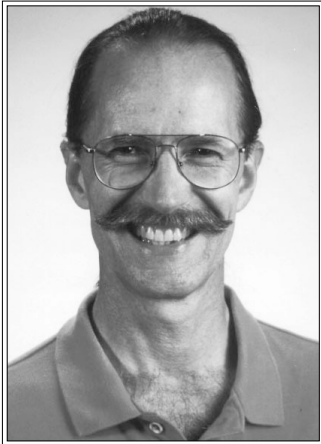
\*"Magic or Miracles" from the book *Why Arthritis? Searching for the Cause and the Cure of Rheumatoid Disease*, by Harold W. Clark, available through this foundation, \$20 U.S.; \$30.50 Canadian. ■

***Have you mailed us  
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***Your membership fee  
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## Curing Arthritis Naturally

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Bob Flaws

president, and life-time Fellow of the Acupuncture Association of Colorado, a Fellow and Governor of the National Academy of Acupuncture & Oriental medicine, past editor of the National Academy's journal, a founder of the Council of Oriental Medical Publishers, and the founder, publisher, and editor in chief of Blue Poppy Press, Inc. Bob has been in private practice in Boulder, CO since 1979 where he specializes in gynecology, pediatrics, and complex internal diseases. In addition, he is co-chair and co-author of a national clinical trial researching the effects of acupuncture on AIDS-related peripheral neuropathy funded by the National Institute of Health.

■

## Universal Oral Vaccine

(continued from page 4)

11. Brucella (bacteria affecting man and other mammals)
12. Asthma
13. Nasopharyngeal carcinoma (cancer)
14. Stomach carcinoma (cancer)
15. Colon carcinoma (cancer)
16. Non-small cell lung carcinoma (cancer)
17. Spontaneous abortions

According to H. Hugh Fudenberg and Pizza,<sup>25</sup> "The potential for bovine colostrum-transfer factor treatment of human diseases is fantastic since one can obtain so much more [transfer factor] extract at little cost." It is found free and in high concentration in colostrum; but can also be obtained from donors with high cell-mediated immunity to known antigens (cloning); or from human placentas, and also spleen from immunized pigs or ducks, or even humans who have a good cell-mediated immunity to the relevant antigens."

Patents obtained by Stolle Milk Biologics International, as well as their present commercial partnership with the New Zealand Dairy Board also demonstrates that bovine intramuscular inoculations can result in a whey product containing the desired antibodies and complement.

So, clearly, there are many sources and paths to obtain the desired immunity factors that can be used sublingually or orally.

### EARLY CLINICAL TRIALS

In the late sixties, Herbert Struss, Ph.D., working with the

## Universal Oral Vaccine

Borden Company of New York City, held a FDA IND (Investigate New Drug authority) for studying the use of bovine derived "Specific Serum Protein Capsules". Using ten strains of *Streptococcus*, two strains of *Staphylococcus* and 1 strain of *Diplococcus* in properly prepared cows, these lyophilized (freeze dried) serum proteins derived from colostrum were prepared in 250 mg capsules, and contained the gamma globulin fraction (protein in blood which helps resist disease) of the antibodies and immunity which enabled seventy percent of the Rheumatoid Arthritis victims to overcome the disease or receive marked benefit, once again demonstrating a close relationship between an infectious microorganism and Rheumatoid Arthritis.

Cyril M. Smith, M.D., conducted a sample survey of 1999 persons who used antibodies produced by cows in the treatment of arthritis symptoms. Smith reported that antibodies were successful in 56.8% of cases reported. This improvement occurred within three months. (The greatest improvement was noted between the second and fourth weeks. However, in some cases it required more than 6 weeks before a marked improvement was noticed.)

Twenty-three percent who found relief from symptoms while taking antibodies experienced an increase in pain prior to their improvement. This "increase in pain" was most likely the Herxheimer Effect as summarized by Dr. Paul K. Pybus.<sup>30</sup> The great majority of the persons who experienced pain made marked improvement.

Herxheimer postulated that whenever an organism more complex than a simple bacteria was killed inside the human body, then flu-like symptoms -- the Herxheimer Effect -- occurred. This effect is also called "Lucio's Phenomena" in Leprosy treatment and "The Die-Off Effect" in candidiasis treatment. Some practitioners call it the "Healing Effect."

It's extremely remarkable that such a high percentage of cure rates would occur using only a fraction (*Staphylococcus*, *Streptococcus*, *Diplococcus*) of the suspected multitudes of microorganisms related to arthritis. Based on presumption of totally different organisms than those used to develop arthritis-specific antibodies and complement, both Roger Wyburn-Mason, M.D., Ph.D. (protozoan) and Thomas McPherson Brown, M.D. (mycoplasma) -- and their practitioner followers -- have achieved higher rates of cures, especially when proper diet and consideration for candidiasis and food allergies are also included in the treatment protocols.<sup>41</sup>

An extremely brief summary of uses for immune milk follow:

### In Animals Uses

- Bovine... extract-transfer factor made against the parasite coccidioides protects not only cows but

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# Universal Oral Vaccine: The Immune Milk Saga

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- also mice from an LD 90 dose (the dose necessary to kill 90% of a population). Bovine dialyzable (filtered) leucocyte (white cell) extract devoid of transfer factor has no protective effect;
- Bovine antigen-specific transfer factor is effective in treatment of human herpes infections;
  - Bovine created for nematodes, *Haemonchus contortus*, *Trichostrongylus axei* infections is effective in sheep;
  - Bovine... extract, from both lymph nodes and colostrum, against virus and parasitic diseases, have been used in dogs (canine parvovirus), pigs (swine transmissible pharyngoelaryngo-tracheitis), chickens (bursal disease, Newcastle's Disease, and other viral diseases);
  - Coccidioides destroys \$250 million per year of prize cattle in Texas. Lymph Node Leukocyte (white cell) Extract (with Transfer Factor) can protect cattle against this infection, and also prevents mastitis in cows, and death from infection in newborn calves;
  - Horse dialyzable (filtered) leucocyte (white cell) extract is effective against rheumatism in horses.

## In Human Uses

- Bovine dialyzable (filtered) leucocyte (white cell) extract (with transfer factor) has been given repeatedly to humans without adverse reaction;
- Eradicated cryptosporidiosis in humans with diarrhea;
- Coccidioides derived transfer factor, eradicated diarrhea and eliminated ova and parasites from stools;
- Being used on 6,000,000 people in China to prevent acute and chronic infectious hepatitis;
- Many other conditions, as previously mentioned.

## COLOSTRUM PITFALLS

In most health food stores you'll find a product called "colostrum" often touted for its ability to "strengthen the immune system."

It's quite possible that a particular batch or manufacturer has produced colostrum that has beneficial effects in the strengthening of your immune system. It contains, after all, a multiplicity of important immune "transfer factors" common to all mammals.

And -- it's even possible that a particular batch of colostrum will favorably affect the course of an allergic reaction to an allergen (pollen-based) or disease from an antigen (microorganism-based).

But -- unless the manufacturer has injected into the cow's cistern dead microorganisms specific to your disease (or allergens), the expectation of the cow's naturally derived antibodies and complement matching those that you must have to counteract a

particular dysfunction is considerably less than the probability of one powerball ticket winning a \$40,000,000 jackpot. Keep in mind that the cow will only have immunity factors related to the antigens to which it has been exposed -- and most modern dairies isolate their cows from most humans, thus preventing the nice, comfy farm ecological relationship once known to man, Bessie, the cow, and her family of farm animal friends.

Then, too, the odds increase further the farther away one is from fresh, unpasteurized, whole colostrum-- except for a handful of "immune milk" companies who have applied modern technology in preserving most of the active ingredients in a dry powder or liquid form for use by all farm animals.

Yes. Many of these desirable immune factors can be purchased for protection of farm animals, but not for man. Even so, the likelihood of getting the right product for you at the health food store, prepared and preserved in the right way, is so remote as to be inconsequential.

There are exceptions which we'll mention shortly.

The eighty or so rheumatoid diseases, including rheumatoid arthritis, for example, are caused by many factors among which are nutritional, genetic predisposition, hormonal, and microorganism-based antigen/antibody immuno-complexes which are not easily swept out by a clogged up lymph system. Most standard colostrum preparations for rheumatoid arthritis are based on injections of staphylococcus and streptococcus antigens. We know that many organisms, such as mycoplasmas, corneybacteria, klebsiella, candidia and others can be the antigenic stimulation in the human that results in the symptoms of rheumatoid arthritis.<sup>41</sup>

On a hit or miss basis, then, if you happen to be a person suffering from a tissue sensitivity to staphylococcus and streptococcus, and you are suffering from an overwhelming invasion of staphylococcus and/or streptococcus, and you happen to buy colostrum containing antibodies and complement resulting from the effects of these two organisms as developed in the cow's cistern, and the material you've purchased is still strong and active, then you might very well respond favorably to this particular colostrum.

But if your arthritis stems from a mycoplasma, corneybacteria, candidia or klebsiella (among many other possible microorganisms), you're just out of luck. "It didn't work!" you'd report to your friends, and the overall idea of using colostrum would be invalidated for you and your friends.

So, as you learn about the miracle of colostrum, don't run out to the health food store and buy colostrum with the expectation of solving your health problems.

There is the need for specificity of allergen or antigen introduced in the right way, at the right time, with colostrum collected and preserved correctly, and administered properly, before this universal vaccine will work for you.

By the way, colostrum prepared and used properly has little to do with whether cow or goat milk is good or bad for you. Indeed, one of the allergies that the right colostrum can solve is that of allergic reactions to milk.



# Celebrex™ Moves To No. 1

(continued from page 2)

systems. It is very subtle, and the vast majority of doctors are unaware that it is happening. The free samples given to doctors, the free dinners and honorariums are only a small part of the influence. The major force comes in the ability to fund studies at major universities and publish in good journals that influence the paradigm of continuing to rely on drugs and surgery for chronic illness. I am grateful that these types of therapies exist, but one must understand that these drugs in NO WAY address the foundational cause of the illness. These drugs are very expensive band-aids. The additional problem with Celebrex, as I mentioned in a January [1999] newsletter, is that it inhibits a beneficial prostaglandin called prostacyclin. Prostacyclin is necessary for the protection of the vascular system from damage. When it is reduced, the risk for heart disease increases dramatically. So Celebrex will reduce the risk for ulcers [when using non-steroidal anti-inflammatories for the pain of arthritis], BUT it will dramatically increase the risk for a heart attack, which is a far more common illness, especially in the bulk of the elderly who rely on this medication.

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## Bequests

### Plan Us Into Your Future

A good way to make your contribution live for years onward is to plan us into your will.

A bequest such as those provided by others provides that a specific amount of money, property or a percentage of your estate be given to *The Arthritis Trust of America/The Rheumatoid Disease Foundation*.

A general guideline for making such a provision is this: "I give, devise and bequeath to *The Arthritis Trust of America/The Rheumatoid Disease Foundation* the sum of \$\_\_\_\_\_" (or describe the real or personal property).

All contributions to *The Arthritis Trust of America/The Rheumatoid Disease Foundation* are tax deductible to the full extent allowed by law.

While easy to write, best that you work this provision out with your attorney or CPA -- and again, many thanks!

# Publications List

Dear Friend:

Responding to your recent query, we are pleased to provide you with a list of numerous publications regarding treatment and cure of rheumatoid disease and related arthritides. Most of our information has been available to the medical community since the early seventies. Many millions of dollars are spent each year to treat **only** the symptoms of rheumatoid arthritis and other rheumatoid diseases, when a vast majority of those afflicted could be cured at a very reasonable cost with non-toxic, or at least less-toxic, than traditional, damaging treatments.

However, there is **no way to know** how much of **your** problem can be alleviated **without trying**.

You need a doctor who will work with you in search of your particular needs, and you must begin to learn. "Learning" is what our articles and books are intended to help you do.

Thousands have found our recommended treatments safe and effective. If you have not gotten well with your present treatments, then you must continue your search, *whether with us or elsewhere*. Because someone doesn't know how to help you to wellness, doesn't mean that you should quit searching. We think we can help, and we do with a vast number of those properly treated by our recommendations -- up to 80%.

If you have further questions, please send a stamped, self-addressed, legal-sized envelope with a donation to help defray our expenses.

Congratulations on arriving this far!  
We wish you good health!

*On behalf of the Board of Directors*  
Perry A. Chapdelaine, Sr., Ex. Dir./Sec.



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#### PUBLICATIONS, BOOKS & PAMPHLETS:

##### VERY IMPORTANT FOR ARTHRITICS

**Arthritis: Osteoarthritis & Rheumatoid Disease Including Rheumatoid Arthritis;** 1998 revision of *Rheumatoid Diseases Cured at Last*, 350p pb, what we've learned since 1982; Anthony di Fabio, Gus Prosch, Jr., M.D.(\$10US;\$15.25Can) Total Amount \_\_\_\_\_

**Arthritis: Little Known Treatments,** 1995 revision of *Rheumatoid Diseases Cured at Last*/Collection of alternative treatments; 122p pb. Anthony di Fabio(\$5US;\$7.60Can) Total Amount \_\_\_\_\_

**Away With Arthritis** Use of boron for various arthritides; 65p hc, Rex E. Newnham, Ph.D., D.O., N.D.(\$15US;\$23Can) Total Amount \_\_\_\_\_

**Chronic Fatigue Syndrome and the Yeast Connection,** 386p pb, William G. Crook, M.D.(\$15US;\$23Can) Total Amount \_\_\_\_\_

**Conquering Yeast Infections,** non-drug solution by experienced nurse, 140p pb, S. Colet Lahoz, R.N., M.S., L.Ac.(\$20US;\$30.50Can) Total Amount \_\_\_\_\_

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# Publications List

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- Dr. Braly's Food Allergy & Nutrition -- Revolution** Solving arthritis and other diseases through diet and nutrition; 510p pb; James Braly, M.D.(\$20US;\$30.50Can) Total Amount \_\_\_\_\_
- Guess What Came to Dinner**, Pervasive infestation of parasites in America; what to do about them; 194p pb; Ann Louise Gittleman; (\$12;\$18.25Can) Total Amount \_\_\_\_\_
- Intraneural Injections for Rheumatoid Arthritis and Osteoarthritis** and **The Control of Pain in Arthritis of the Knee** How to dampen arthritis pain at the source; 104p pamphlet; Dr. Paul K. Pybus (\$9.95US;\$15.15Can) Total Amount \_\_\_\_\_
- It's All In Your Head**, Mercury, other metal fillings create disease, including Arthritis, Hal Huggins, D.D.S., 194p pb(\$20US;\$30.50Can) Total Amount \_\_\_\_\_
- Nourishing Traditions**, Proper cookbook; 618p pb; Sally Fallon, Pat Connelly, Mary G. Enig, Ph.D. (\$25US;\$38Can) Total Amount \_\_\_\_\_
- Pain, Pain Go Away** First choice treatment for osteoarthritis; 336p pb; Morton Walker, D.P.M.; William J. Faber, D.O (Also see *Instant Pain Relief and Do What You Want To Do.*)(\$18US;\$27.40Can) Total Amount \_\_\_\_\_
- Qigong for Arthritis**,The Chinese way of healing and prevention; massage, cavity press, and Qigong exercises; 145p pb; Dr. Yang Jwing-Ming(\$20US;\$30.50Can) Total Amount \_\_\_\_\_
- Root Canal Cover-Up**; Root canals and teeth extractions improperly treated cause arthritis and other diseases; 226p pb; George Meinig, D.D.S.(\$20US;\$30.50Can) Total Amount \_\_\_\_\_
- The Art of Getting Well**; 1988 revision of *Rheumatoid Diseases Cured at Last*, 141p pb; Anthony di Fabio(\$5US;\$7.60Can) Total Amount \_\_\_\_\_
- The Arthritis Foods Discovery™** Listing of, foods that contribute to arthritic symptoms, Arthritis Help Center™51p spiral bound(\$12US;\$18.25Can) Total Amount \_\_\_\_\_
- The Healer Within**, Traditional Chinese techniques to release body's own medicine: Movement, Massage, Meditation, Breathing, 264p pb, Roger Jahnke, O.M.D.(\$15US; \$23 Can) Total Amount \_\_\_\_\_
- The Yeast Syndrome**; Yeast contributes to arthritis; 419p pb; John Parks Trowbridge, M.D.& Morton Walker, D.P.M.(\$10US;\$15.25Can) Total Amount \_\_\_\_\_
- Tissue Cleansing Through Bowel Management**, Colonics and proper nutrition rid the body of parasites and toxins that create disease, 186p pb, Bernard Jensen, D.C., Ph.D.(\$20US;\$30.50Can) Total Amount \_\_\_\_\_
- Uninformed Consent**, How dental care starts many degenerative diseases, 277p, pb; Hal A. Huggins, D.D.S., M.S., Thomas E. Levy, M.D., J.D.(\$20US;\$30.50Can) Total Amount \_\_\_\_\_
- Your Body's Many Cries for Water**; Lack of water affects arthritis, and other diseases; 182p pb; F. Batmanghelidj, M.D.(\$20US;\$30.50Can) Total Amount \_\_\_\_\_
- Wilson's Syndrome**; Reversing hypothyroidism causing disease; 337p pb; E. Denis Wilson, M.D.(\$25US;\$38Can) Total Amount \_\_\_\_\_
- Who is Looking After Our Kids?** Protect from environmental chemicals, 167p pb, Harold E. Buttram, M.D., Richard Piccola, M.H.A., (\$18US;\$27.40Can) Total Amount \_\_\_\_\_
- Why I Left Orthodox Medicine**; Importance of nutrition, unimportance of classifying by symptoms; 255p pb Derrick Lonsdale, M.D.(\$12US;\$18.25Can) Total Amount \_\_\_\_\_
- SHOULD BE OF INTEREST TO ARTHRITICS**
- Alternative Medicine: The Definitive Guide** 380 leading edge physicians explain safe and effective alternative treatments for all conditions of health or disease; 1068p hc. An encyclopedic must for every home. Burton Goldberg Group(\$60US;\$91.40Can) Total Amount \_\_\_\_\_
- Ankylosing Spondylitis**; Supplementary to **Arthritis** book above; 28p computer print out; Anthony di Fabio(\$5US;\$7.60Can) Total Amount \_\_\_\_\_
- Biomagnetic Handbook** Guide to medical magnetics; 97p spiral bound, William H. Philpott, M.D. and Sharon Taplin( \$20US;\$30.50Can) Total Amount \_\_\_\_\_
- Bursitis (Fibromyalgia; Fibromyositis; Fibrositis; Rheumatism; Soft Tissue Arthritis)** Supplementary to **Arthritis** book above; 92p computer print out, Anthony di Fabio(\$15US;\$23Can) Total Amount \_\_\_\_\_
- Cancer: The Magnetic/Oxygen Answer**, William H. Philpott, M.D.; Treatment protocols; 170p spiral bound (\$15US;\$23Can) Total Amount \_\_\_\_\_
- Cell Wall Deficient Forms: Stealth Pathogens**, 2nd Ed., Definitive work on pleomorphic organisms; 404p hc; Lida H. Mattman, Ph.D.(\$65US;\$99Can) Total Amount \_\_\_\_\_
- Do What You Want To Do** Case histories of neural/fascial therapy and reconstructive therapy. William J. Faber, D.O. and John Parks Trowbridge, M.D.; 155p pb, See *Pain, Pain Go Away.*(\$10US;\$15.25Can) Total Amount \_\_\_\_\_
- Dr. Crook Discusses Yeasts and How They Can Make You Sick**, brief summary of the yeast problem; 48p pamphlet, William G. Crook, M.D.(\$5US;\$7.60Can) Total Amount \_\_\_\_\_
- Fight Back Against Arthritis**; 252p pb; Robert Bingham, M.D. (\$5US;\$7.60Can) Total Amount \_\_\_\_\_
- Flax Oil As A True Aid Against Arthritis, Heart Infarction, Cancer and Other Diseases**; 59p pb; November 2, 1959 lecture, Switzerland, by Dr. Johanna Budwig(\$10US;\$15.25Can) Total Amount \_\_\_\_\_
- Healing Dimensions of Herbal Medicine**, Herbal remedies for many disease conditions; 260p pb; Louis J. Marx, M.D.(\$12US;\$18.25Can) Total Amount \_\_\_\_\_
- Home Remedies** Hydrotherapy, massage, charcoal, others; 174p pb; Agatha Thrash, M.D., Calvin Thrash, M.D.(\$15US;\$23Can) Total Amount \_\_\_\_\_
- How To Deal With Back Pain & Rheumatoid Joint Pain**; Adjusting spine by self; water importance; 100p pb F. Batmanghelidj, M.D.(\$20US;\$30.50Can) Total Amount \_\_\_\_\_
- Iron: A Double Edged Sword** Excessive iron as cause of some arthritis; 79p pb; Adeena Robinson (\$10US;\$15.25Can) Total Amount \_\_\_\_\_
- Oxygen Healing Therapies**, Hydrogen peroxide and ozone therapy; 201p pb; Nathaniel Altman(\$18US;\$27.40Can) Total Amount \_\_\_\_\_
- Questions From the Heart**, Questions and answers about use and benefits of chelation therapy; 134p pb; Terry Chappell, M.D., (\$12US;\$18.25Can) Total Amount \_\_\_\_\_
- Rheumatoid Diseases & Collagen Tissue Diseases Identified**, consists of 1p "Systems Affected by Arthritis," 21p "Table of Arthritides' Symptoms and Their Classifications," 25p presenting symptoms of the "Rheumatoid Diseases," 8p of the "Rheumatic Diseases and Microorganisms," 1p of "Osteoarthritis and Degenerative Diseases," 10p of "Rheumatic Disease Known or Suspected to be Biochemical or Endocrine Abnormalities;" computer printout (\$10US;\$15.25Can). Total Amount \_\_\_\_\_
- The Causation of Rheumatoid Disease and Many Human Cancers -- A New Concept in Medicine** Summarizes original 479p treatise of the man who discovered the first consistently successful treatment for rheumatoid arthritis, and related diseases; 32p pamphlet; Roger Wyburn-Mason, M.D., Ph.D.(\$10US;\$15.25Can) Total Amount \_\_\_\_\_
- The Oil Protein Diet Cookbook**; German translation; 178p pb; see *Flax Oil As A True Aid Against Arthritis, Heart Infarction, Cancer and Other Diseases* above, Dr. Johanna Budwig (\$16US;\$24.40Can) Total Amount \_\_\_\_\_